



**Distinguished Clinicians Series:
Helping the Complicated Psychotherapy
Dyad Find Words**

Presenter: Richard Munich, MD

Friday, February 21, 2020

12 pm to 2 pm

**The Menninger Clinic
12301 Main Street
Houston, Texas 77035**



Dr. Richard Munich, MD is a Training and Supervising Analyst for the Columbia Center for Psychoanalytic Training & Research at Columbia University College of Physicians and Surgeons. Until July of 2006, he was the Callaway Professor and Vice Chairman of the Menninger Department of Psychiatry, Baylor College of Medicine and Vice President and Chief of Staff of the Menninger Clinic in Houston, Texas. Upon leaving, he was appointed as a member of the Clinic's Board of Directors. He currently has a small private practice in midtown Manhattan.

Learning Purpose/Goal

From interpretation of early conflict and trauma, contemporary, expressive psychotherapy expanded and divided in two directions with a more here and now focus: 1. A cognitive-behavioral basis and 2. A bilateral patient-therapist attunement. This talk demonstrates the second direction in detail with two treatment resistant patients and their therapist, also a patient. The shift from interpretation to containment to holding and attunement is elaborated. All three patients continue their resistance, then begin finding new words to connect with internal and external experience and feel more real. Theoretical issues are discussed and the relevance to inpatient work brought forward.

Learning Objectives

At the conclusion of this live presentation, participants should be able to:

1. Articulate what is the range of unrepresentable states.
2. Describe how the role of deprivation and abuse in the word deficit, moves beyond basic attachment/separation 'individuation' issues.
3. Identify the role of psychotherapy in finding words: interpretation versus attunement; containment versus holding.

Target Audience

Physicians, Psychologists, Social Workers, Licensed Professional Counselors, Addictions Professionals (all experience levels)

Continuing Education Credit

Successful completion of this activity requires:

1. Attendance for 100% of the activity
2. Completion of activity evaluation
3. Completion of an Application for Continuing Education Credit

Two (2.0) Credit/ Contact/Clock Hour have been designated by The Menninger Clinic for the following disciplines:

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- Certificates of Attendance will be awarded for participants in disciplines other than above.

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Fee for this session is \$50 for professionals/\$25 for students

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<http://themennerclinic.camp9.org/event-3659431>

Additional Information

- For continuing education information or assistance with registration or payment, ADA or lactation needs, please contact Michelle A. Taylor at The Menninger Clinic at mataylor@menninger.edu
- A full refund upon written request if requested at least a week before the date of the live event. In the unlikely event, the event is canceled; prepaid registrants will be given a full refund.