

# Join Your Menninger HealthLife Patient Portal

Visit: <https://menntx.iqhealth.com/>

**Together, we are changing what is possible in health care through our passion, collaboration and innovation. Take a few minutes to join your patient portal.**

Dear Client,

We are pleased to offer secure online access to your medical information through our patient portal. Your patient portal allows you to request appointments, view your lab results, send messages to your clinicians and much more.

If you are interested in joining your patient portal, please call 713-275-5400 and provide us with your email address when asked, so we can send you an invitation to set up your secure online account. For more information, ask any member of our mental health care team.

Thank you,  
Menninger Mental Health Care Team

## Sign Up Now

To sign up, start by letting us know you are interested using one of the following ways:

- ◆ If you plan to use your patient portal account for yourself, you can provide your email address to a member of our mental health care team during your next visit.
- ◆ If you manage the health care of another person, for example your child, provide your email address to a member of our mental health care team.

When you receive an email invitation, complete the following steps:

1. Click the **Accept Invitation** link in the email.
2. Answer the security question, agree to the terms of use and privacy policy, and click **Create Your Account**.
3. Verify your email address, create a username and password, and select your security question and answer.
4. Agree to the terms of use and privacy policy and click **Create Account**.



After you complete enrollment, remember your username and password, as you will need them every time you log in to <https://menntx.iqhealth.com/>

## Access From Your Mobile Device

After enrollment, you can also access the patient portal online using your mobile device or download our app from the app store - Search **HealthLife**. Our mobile app provides a secure online application that allows you to:

- ◆ View lab results and other relevant health documents
- ◆ Manage upcoming appointments
- ◆ Send secure messages to your care team
- ◆ View your medications; request refills and renewals
- ◆ Scheduled video visits for individual therapy, medication management follow up, care management and family therapy

## Need Help?

**For technical assistance (i.e. password resets, troubleshooting access to portal, or resending invitations), contact Cerner's support team at 866-221-8877.**



**Menninger**<sup>®</sup>

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