# Menninger<sup>®</sup>

# OUTPATIENT ASSESSMENT

# Sample Adult Schedule

# **Monday Appointments**

08:00 am - 09:00 amCheck In, Tour, & Genetic Testing 09:00 am - 10:00 amLead Therapist (Patient Only) 10:00 am - 12:00 pmPsychological Testing Packets (Patient Only) 12:00 pm - 01:00 pmCafeteria Lunch (Patient & Family) Lead Psychiatrist (Patient Only) 01:00 pm - 02:00 pm02:00 pm - 03:00 pmLead Therapist (Family Only) 02:00 pm - 04:00 pmPsychological Testing (Patient Only) 04:00 pm - 04:30 pmTravel Time 04:30 pm – 05:30 pm Offsite Lab Work

# **Tuesday Appointments**

08:00 am – 12:00 pm Neurocognitive Testing (Patient Only)
12:00 pm – 01:00 pm Cafeteria Lunch (Patient & Family)
01:00 pm – 02:00 pm Lead Therapist (Patient Only)
02:00 pm – 03:00 pm Lead Psychiatrist (Patient Only)
03:00 pm – 05:00 pm Neuropsychiatrist (Patient & Family)
05:00 pm – 05:30 pm Travel Time
05:30 pm – 06:30 pm Offsite Brain MRI

#### Wednesday Appointments

09:00 am – 10:00 am
10:00 am – 11:00 am
Anxiety/OCD Assessment (Patient Only)
11:00 am – 12:00 pm
Lead Therapist (Patient Only)
12:00 pm – 01:00 pm
Cafeteria Lunch (Patient & Family)
01:00 pm – 02:00 pm
United Proposition Assessment (Patient Only)
02:00 pm – 03:00 pm
Eating Disorder Assessment (Patient Only)

#### Thursday Appointments

09:30 am – 10:30 am Physical Exam (Patient Only)
10:30 am – 12:00 pm Structured Clinical Interview (Patient Only)
12:00 pm – 01:00 pm Cafeteria Lunch (Patient & Family)
01:00 pm – 02:00 pm Nutrition Assessment (Patient Only)
02:00 pm – 03:00 pm Lead Therapist (Patient Only)

#### Friday Appointments

01:00 pm – 01:15 pm Check Out (Patient & Family)
01:15 pm – 02:00 pm Review Draft of Executive Summary (Patient Only)
02:00 pm – 04:00 pm Diagnostic Feedback & Recommendation Review with Lead Psychiatrist & Lead Therapist (Patient/Patient & Family)

Note: Schedule is based on service selection and will vary by patient. Schedule does not include calls with providers/family, team meetings, report writing, review of records, etc., that are done as part of the assessment. Family involvement during the assessment is subject to the patient's consent.

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